

Summer online psychology class: **Cultural Psychology of Food**

May 26-June 21 2024

(But some flexibility in dates if you want to start early since it is online. Please contact Dr. Duffy at seduffy@scarletmail.rutgers.edu to discuss options!)

Prof. Duffy



It is often said that we are what we eat, but what we eat depends upon the cultural matrix in which our lives are embedded. This multi-disciplinary course examines factors that shape how people produce and consume food. Topics to be discussed include ethnic identity and cultural cuisine, the development of taste and memory, the globalization of food and its implication on culinary diversity, evolutionary and developmental origins of disgust, delight, and food-induced emotional associations, and other topics. We will also create and sample cuisines from different cultures to better understand the cultural variability in food preferences across the world.

